



LEG UP



Issue 6 • Nov 2024

For Distribution to Members of Lions Clubs in Singapore



Message from New Chairman

Thank you for having the faith and confidence in me to be the 3rd Chairman of Lions Protheses Centre (Singapore)

This is also my 3rd leadership role in Lionism.

- 1st was Club President in 2012
- 2nd was District Governor in 2022
- As Chairman of LPC in 2024

Though LPC was registered as a Charity since 5 January 2023, it does not have IPC status and will not be able to provide tax exemptions to our donors. It will be a more challenging task for us to compete for the Charity dollars.

For the long term continuity of LPC, it may be more effective to consider some form of amalgamation with Lions Community Service Foundation. A strategic review committee will be formed to study the options and feasibilities.

In the meantime, I have set out 3 goals:

1. Increase LPC membership to support LPC amputees in financial need. I am glad to share that we now have 65 out of 108 Lions Clubs in District 309 as members of LPC which is 60%, which was the year end 2024 target that we have set.
2. Source for more amputees to fulfil LPC's mission and to develop meaningful aftercare service for these beneficiaries.
3. Create new fundraising avenues and platforms to sustain LPC sponsorships of prostheses and operation costs.

WALK AGAIN

Past District Governor SK Ho
Chairman, Lions Protheses Centre
2024-2026



Report from out-going Chairman

It has been 4 years since Lions Protheses Centre was registered with ROS on 20th May 2020. That was about a month after Singapore came under Covid-19 circuit breaker restrictions in April 2020. Our progress was hampered for over two years as the restrictions were not fully lifted until February 2023. Nevertheless, we prodded on.

LPC membership grew from 21 founding Lions Clubs to 62 Lions Clubs (as of 5th AGM date of 10 August 2024). That is 57% of the 108 Lions Clubs in Lions Clubs International, District 309. We are 3 Lions clubs from achieving our target of 60% by year end 2024.

LPC will not be big, but could be significant and impactful touching the lives of the amputees and

their families. LPC focus is on the small group that does not qualify for government funding for some reasons or other. The government is doing a good job reaching out to the mass population, and our role is complementary, helping those that might fall through the cracks. We are still fairly new in this project and will reassess our work as we move along.

As I stepped back to make way for our new and very energetic Chairman, PDG SK Ho, I thank all past Board members for the support you have extended me during my term. I welcomed all the new Board members and wish you all success in continuing to help more amputees WALK AGAIN.

Goh Boo Han PBM
Immediate Past Chairman

LPC4 Gala Dinner at One Farrer Hotel

– 31 May 2024



“Let’s celebrate our 4th Birthday with a Fundraising Gala Dinner!”

LPC Fundraising Sub-Committee Chairman, – PDG SK Ho proposed in our Management Board meeting and was well received. Preparation work commenced immediately after approval was granted by our Board, with the Gala Dinner committee formed by OC PDG SK Ho, comprising of LPC Directors, LPC Members, as well as LPC Operations Manager Michelle Fong.

After weeks of hard work by the team, we managed to achieve 24 tables on our Big Day! It was an exciting night of banquet, music and raffle draw with our supporters from Lions, friends and beneficiaries. Our Guest of Honour, Mr Eric Chua, Senior Parliamentary Secretary, Ministry of Social and Family Development and Ministry of Culture, Community & Youth delivered a

speech that night that honoured LPC’s efforts to help amputees walk again. Our special guest, Mr Mohd Shariff, also known as Blade Runner, shared his journey with us in his speech and video. He announced that he would be participating in the Stanchart Run in December 2024 and doing Fundraising for LPC.

Two new videos were launched that night, featuring how LPC started and interviews with our beneficiaries. Both videos were well received by the guests and touched the hearts of many. LPC received generous donations from the floor that night and raised a total of \$62,000!

We took this opportunity to present Appreciation Plaques to our Founder Chairman PDG David Lee, and our Top Donors since incorporation. Certificates of Appreciation were also presented to our Sponsors for their generous contribution of

items for charity auction, door gifts and prizes for our Raffle Draw, worth more than \$20,000 in total. One Farrer Hotel sponsored resort stay, dining vouchers and a huge birthday cake for the night.

The Charity Auction was another highlight of the night – we had two Swarovski Limited Edition Dragons and two Penfolds Grange 2003 which were successfully auctioned and added another \$5,000 to our funds. One of the Swarovski Limited Edition Dragon was taken by LPC Beneficiary, Mr Chew who received his sponsored prosthetic limb from LPC in 2020 when we just started. It is heartwarming to see our beneficiary Walk Again and Work

Again! This is a great reminder to everyone that while life is full of ups and downs, there is always sunshine after the rain 😊. Mr Chew's life is back on track and his generous contribution towards our auction is his way of saying "Thank You".

Our Gala Dinner ended around 10.30pm that night – we thanked all our guests for their attendance, generous donations and continued support. OC PDG SK Ho and his team did a great job in making our first Gala Dinner a big success! We hope to come back next year with a larger scale dinner and more exciting programme.

Let's continue to help amputees Walk Again!



Walk Again with Duan Weiming

- interview by Jenny Tan



Photo courtesy of Lianhe Zaobao



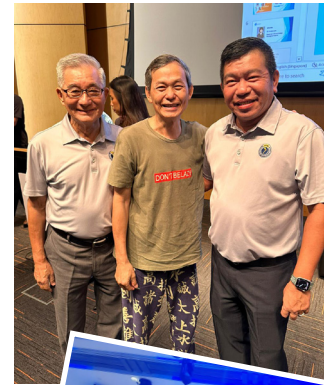
A Quick Recap

Weiming amputated his left limb (below knee amputation) due to poor diabetes management in September 2022. He applied to LPC for sponsorship of a prosthetic limb in December 2022. LPC granted him full sponsorship. His new prosthetic limb was fitted on 8 March 2023 at Tan Tock Seng Hospital.

I caught up with TV actor Duan Weiming on 23 September 2024 over a phone call to find out from him on how he had been getting on one and a half year after he was fitted with a prosthetic limb.

Weiming shared that he was very grateful to LPC for stepping forward and contacting him when he was very lost and disturbed as he did not have anyone to talk to about his situation and what he should be expecting after the amputation. He initially did not believe that such an organisation existed and willing to help him get a prosthetic limb. However, after repeated follow-ups and encouragement by the LPC team who visited him, that he should not give up, he believed that luck was with him. He decided to apply to LPC to sponsor him a prosthetic limb in Dec 2022.

After the fitting of the prosthetic limb in March 2023, it took him a while to get used to the limb due to the pain at the stub where the screw securing the prosthetic limb rubbed



against the skin. He admitted that he had poor tolerance of pain so he did not really use the prosthetic limb for a while after the fitting. When I asked if he had returned to Tan Tock Seng Hospital for review on his discomfort and physiotherapy after the fitting, he shared that he went a few times but stopped as he did not see much benefits for him to do so in relation to the time spent.

After a while, he decided that he should not be a burden to his family and friends to help him around. He also did not want to move around in a wheelchair like other amputees in his neighbourhood. He then made a commitment to start using his prosthetic limb and get life back to normality. He believed that he was no different from others and if others with prosthetic limbs could live life normally, so could he! He started putting on his prosthetic limb for a few hours a day, going out either in a wheelchair first, then with 2 clutches as he familiarize himself on getting around with his prosthetic limb.

It's now about one and a half years since his fitting of the prosthetic limb. He has started putting on the limb on for a whole day. He only removes it in the night for shower to keep it clean and dry. His advice is to practice

good personal hygiene to reduce discomfort due to our humid weather.

He has told his friends that he is getting back to live life normally and walk again because of the Lions Clubs and LPC! He will continue to share his experience with others and the assistance he received from LPC!

He is living life one day at a time. He is still hesitant to get back to regular performances but he did the 3rd season of 128 Circle 3rd season in Dec 2023. He was nominated for Best Male Lead as Uncle Larry in 128 Circle at the ContentAsia Awards in July 2024. Just on 5 September 2024, he was awarded The Best Male Lead in a TV Programme in Taiwan. He expressed his appreciation to the crew for their support and understanding of his situation during filming of Season 3.

Life is back to normal and he will continue to live well as he gets more acquainted with his prosthetic limb, which is the best news to all of us at LPC.

LPC has changed the life of yet another beneficiary to WALK AGAIN.

LPC 5th Annual General Meeting- 10 Aug 2024



The 5th Annual General Meeting of the Lions Protheses Centre (Singapore) was successfully held on 10th August 2024 at the LB Clementi Active Ageing Centre. A total of 33 delegates representing their member-Clubs were present that day.

During the AGM, several important matters were discussed, including the reports from the Chairman and Treasurer, review of proposed changes to the Constitution, approval of the audited financial accounts, and the presentation of the budget for the upcoming year.

Delegates also approved the appointment of external auditors and conducted elections for key positions within the organization.

We are pleased to announce the newly elected Board Directors for the term 1st October 2024 to 30th September 2026. Let's extend our full support as they continue to lead us in our mission to help amputees "Walk Again."





LPC Management Board 2024 - 2026

Chairman: PDG Lion SK Ho (LCS Clarke Quay)

Vice Chairman: Lion Henry Liang (LCS Galaxy)

Honorary Secretary: Lion Steven Tan (LCS Clarke Quay)

Assistant Secretary: Lion Elsie Lim (LCS Island)

Honorary Treasurer: Lion Peter Chua (LCS Ji Yang)

Assistant Treasurer: Lion Violet Lee (LCS Lavender)

Directors: Lion Dr. Ada Zhang (LCS Bifrost), Lion Ou Siang Chin (LCS Central), Lion Nancy Lye (LCS Chong Pang), Lion Michael Wong (LCS Ji Siang), Lion Joseph Lui (LCS Katong), Lion Eng Chen Lian (LCS Katong), Lion Yeoh Guan Huah (LCS Orchard), Lion Eugene Tan (LCS Seletar), Lion Helen Tan (LCS Vanda), Lion Velle Tay (LCS West)

Immediate Past Chairman: Lion Goh Boo Han PBM

Ex-Officio: DG Lion Shirley Lee (LCS Central)

Advisors: PCC Lion Dr. Winston Koh (LCS Central), PDG Lion Bobby Eng (LCS Katong), PDG Lion David Lee (LCS Amber)

Let's continue to serve together and make a positive impact in our community!



Scan and learn more about
Lions Protheses Centre (Singapore)

呈现:



指定场地:



YES933 骑幻旅程 2024

Riding Under The Stars



和YES 933 DJ一起骑脚车!

11月 22日 | 6.30pm

地点: Singapore Sports Hub, OCBC Square

票价: \$38 (租借脚车: \$10)

可获得独家活动礼包和T恤!

购票网址: go.mediacorp.sg/yes933cycle

郭坤耀

翟思铭

新传媒艺人

郑颖

邓伟德

胡煜诗

海外嘉宾

The Dinosaur's Skin

YES 933 骑幻旅程, 热烈回响, 今年再次回归!!

想跟DJ和艺人们一起在夜晚的星光下骑脚车、吃夜宵, 享受浪漫的骑幻旅程吗, 那就赶快报名参加!

YES 933骑幻旅程邀将从Singapore Sports Hub出发, 沿着滨海湾东岸骑行, 前往东海岸公园。沿路吹着夜风, 也能探索星光美景, 活动最后还有精彩演出和轻食夜宵为你补充能量!

骑幻旅程, 精彩万分! 让新传媒YES 933, 再次为你留下快乐的美好回忆!

出发时间: 晚上7点30分

YES 933 Riding Under The Stars is back again!

Want to join YES 933 DJs and Mediacorp artists for a magical bike ride under the stars, followed by some late-night snacks? Sign up now!

The YES 933 Riding Under The Stars will kick off from the Singapore Sports Hub, cycling via Gardens by The Bay East to reach East Coast Park, where you can enjoy the cool night breeze while enjoying the sound of waves and starry views. The event will conclude with exciting performance and light refreshments to recharge your energy!

This night ride adventure promises to be unforgettable! Create wonderful memories with us again!

FLAG-OFF TIMING FOR RACE: 7.30PM